

Advance Care Planning for Older Adults

Released October 2023 • Expires September 2026

Jointly provided by Partners for Advancing Clinical Education (PACE) and University of California, San Francisco



Estimated time to complete the activity 30 minutes

Target Audience

This activity is intended for physicians, physician assistants/associates, nurses, and other healthcare professionals who care for patients with dementia.

Educational Objectives

Upon completion of this activity, participants should be able to:

1. Define advance care planning.
2. Explain the purpose of advance care planning.
3. List the components of advance care planning with patients.
4. Define the three kinds of legal decision supporters a patient commonly needs.

Faculty

1. Anna Chodos, MD, MPH Executive Director, Dementia Care Aware and Professor of Medicine in the Division of General Internal Medicine at Zuckerberg San Francisco General and the Division of Geriatrics, University of California, San Francisco
2. Sergio Lanata, MD, MS Associate Professor of Clinical Neurology, University of California, San Francisco
3. Roopali Gupta, MD Associate Clinical Professor in the Department of Medicine, University of California, San Diego
4. Josette Rivera, MD Professor of Medicine, University of California, San Francisco Division of Geriatrics
5. Sarah Hooper, JD, Professor of Practice at UC Law SF and Executive Director of the UCSF-UC Law Consortium on Law, Science & Health Policy
6. Sonia Sehgal, MD Professor of General Internal Medicine and Primary Care, University of California Irvine

Disclosure of Conflicts of Interest

PACE requires every individual in a position to control educational content to disclose all financial relationships with ineligible companies that have occurred within the past 24 months. Ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All relevant financial relationships for anyone with the ability to control the content of this educational activity are listed below and have been mitigated according to PACE policies. Others involved in the planning of this activity have no relevant financial relationships.

Anna Chodos, MD, MPH, faculty for this activity, has the following relevant financial relationship: Consultant, advisor, or speaker for Novo Nordisk

Roopali Gupta, MD, faculty for this activity, has no relevant financial relationships.

Sarah Hooper, JD, faculty for this activity, has no relevant financial relationships.

Serggio Lanata, MD, MS, faculty for this activity, has no relevant financial relationships.

Sonia Sehgal, MD, faculty for this activity, has no relevant financial relationships.

Josette Rivera MD, faculty for this activity, has no relevant financial relationships.

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (PACE) and University of California, San Francisco. PACE is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Education

PACE designates this enduring material for a maximum of .5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is .5 contact hours.

PA Continuing Medical Education



PACE has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for .5 AAPA Category 1 CME credits. Approval is valid until 9/30/2026 PAs should only claim credit commensurate with the extent of their participation.

American Board of Internal Medicine Maintenance of Certification



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to .5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To receive CME credit and/or MOC points, you **MUST** pass the posttest and complete the evaluation. For ABIM MOC points, your information will be shared with the ABIM through PACE's Joint Accreditation Program and Activity Reporting System (JAPARS). Please allow 6-8 weeks for your MOC points to appear on your ABIM records. By sharing your Diplomate Board ID # and DOB, you are giving PACE permission to use this information/data to report your participation to these Boards JA-PARS.



This session is approved for .5 enduring AAFP prescribed credits

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Instructions for Credit

Participation in this self-study activity should be completed in approximately .5 hour(s). To successfully complete this activity and receive CE credit, learners must follow these steps during the period from 10/2023 through 9/30/2026

1. Review the objectives and disclosures
2. Study the educational content
3. Visit https://dementiacareaware.matrixlms.com/visitor_class_catalog/category/104933
4. Complete the activity evaluation

Computer system hardware/software requirements

A computer with an internet connection. Internet Browser: Internet Explorer 7.x or higher, Firefox 4.x or higher, Safari 2.x or higher, or any other W3C standards compliant browser. Other additional software may be required such as PowerPoint or Adobe Acrobat Reader.

For additional information about the accreditation of this activity, please visit <https://partnersed.com>.