

The Cognitive Health Assessment: The Basics

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Jointly provided by Partners for Advancing Clinical Education and the University of California, San Francisco



Target Audience

This activity is intended for physicians, physician assistants/associates, nurses, social workers, and other healthcare professionals who care for patients with dementia.

Educational Objectives

Upon completion of this activity, participants should be able to:

1. Discuss the importance of conducting, scoring, and interpreting a cognitive screening tool (e.g. Mini-Cog or GP-Cog)
2. Develop a brain health plan with patients after conducting a cognitive health assessment
3. Explain how to bill Medi-Cal using code 1494F for Medi-Cal-only beneficiaries ages 65 and older
4. Document a patient's health care agent in their medical record as part of the cognitive health assessment

Faculty

1. Anna Chodos, MD, MPH Executive Director, Dementia Care Aware and Professor of Medicine in the Division of General Internal Medicine at Zuckerberg San Francisco General and the Division of Geriatrics, University of California, San Francisco
2. Sergio Lanata, MD, MS Associate Professor of Clinical Neurology, University of California, San Francisco
3. Roopali Gupta, MD Associate Clinical Professor in the Department of Medicine, University of California, San Diego
4. Josette Rivera, MD Professor of Medicine, University of California, San Francisco Division of Geriatrics
5. Sarah Hooper, JD, Professor of Practice at UC Law SF and Executive Director of the UCSF-UC Law Consortium on Law, Science & Health Policy
6. Sonia Sehgal, MD Professor of General Internal Medicine and Primary Care, University of California Irvine
7. Stacy Han, MD Assistant Professor, University of California, San Francisco
8. Cheryl Brunk, Health Systems Director, Alzheimer's Association
9. Amanda Valenzuela, Senior Community Healthcare Outreach Manager, Alzheimer's Association

Disclosure of Conflicts of Interest

Partners requires every individual in a position to control educational content to disclose all financial relationships with ineligible companies that have occurred within the past 24 months.

Ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships are mitigated according to Partners policies.

Anna Chodos, MD, MPH, faculty for this activity, has the following relevant financial relationship: Consultant, advisor, or speaker for Novo Nordisk.

Josette Rivera, MD, faculty for this activity, has no relevant financial relationships.

Stacy Han, MD, faculty for this activity, has no relevant financial relationships.

Amanda Valenzuela, speaker for this activity, has no relevant financial relationships.

Cheryl Brunk, speaker for this activity, has no relevant financial relationships.

Program Agenda

- General Logistics
- Learning!
 1. Review of dementia and why we screen
 2. Overview of the cognitive health assessment (CHA) screening tool
 3. Resources for implementing the CHA in practice
- Complete course evaluation and claim CE

Fee Information

There is no fee for this educational activity.

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (Partners) and University of California, San Francisco. Partners is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Education

Partners designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 1.0 contact hours.

PA Continuing Medical Education



Partners has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Social Work Continuing Education



As a Jointly Accredited Organization, Partners for Advancing Clinical Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 [Type – Clinical] continuing education credits.



This session is approved for 1 AAFP-prescribed credit.

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Instructions for Credit

Participation in this self-study activity should be completed in approximately 1.5 hour(s). To successfully complete this activity and receive CE credit, learners must follow these steps during the period from 10/2024 through 9/30/2026

1. Review the objectives and disclosures
2. Study the educational content
3. Visit [Dementiacareaware.org](https://dementiacareaware.org) and sign in to the LMS to access the course
4. Complete the activity evaluation

Computer system hardware/software requirements

A computer with an internet connection. Internet Browser: Internet Explorer 7.x or higher, Firefox 4.x or higher, Safari 2.x or higher, or any other W3C standards compliant browser. Other additional software may be required such as PowerPoint or Adobe Acrobat Reader.

For additional information about the accreditation of this activity, please visit <https://partnersed.com>.